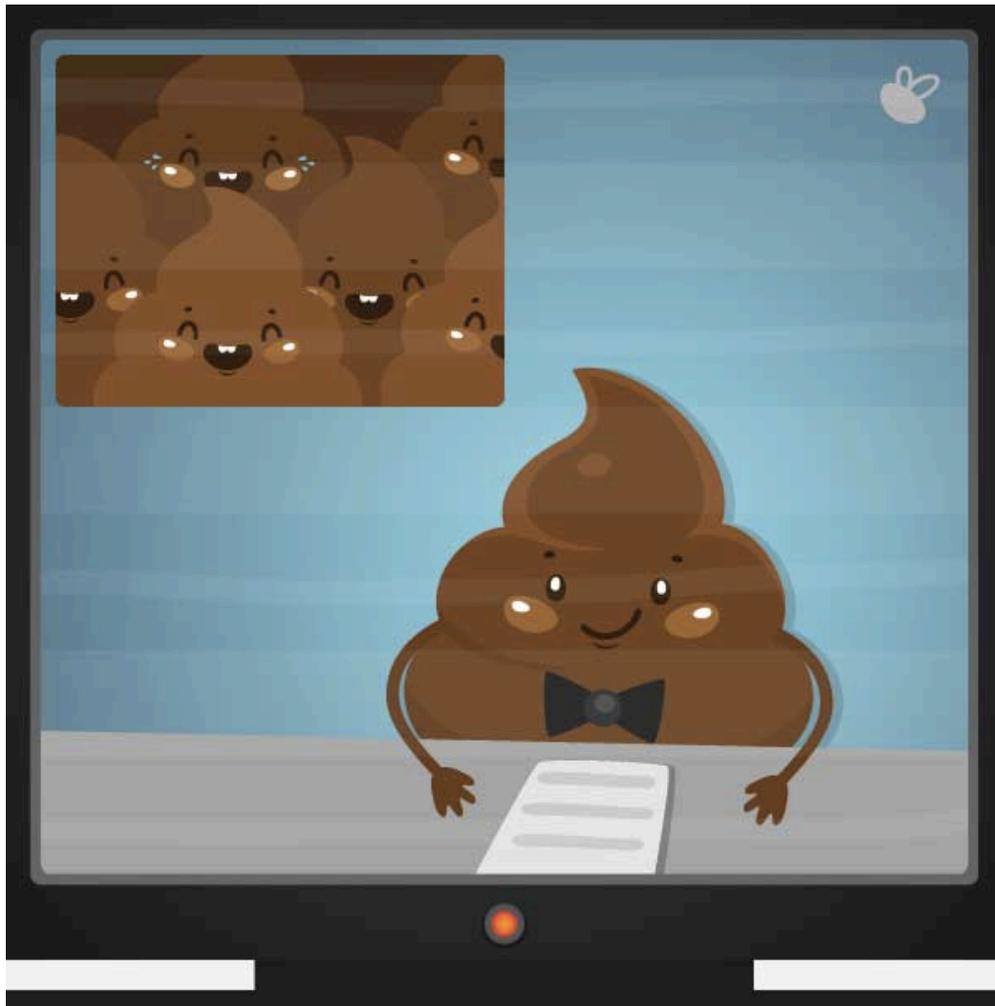


# Fecal Attraction

Fake News from the Art & Politics Bureau

9 June, 2017



The Pope thinks fake news and poop belong together:

“I think the media have to be very clear, very transparent, and not fall into – no offence intended – the sickness of coprophilia, that is, always wanting to cover scandals, covering nasty things, even if they are true. And since people have a tendency towards the sickness of coprophagia, a lot of damage can be done.”

–Pope Francis

## Bristol stool chart [WebMD](#)

TYPE 1



Separate hard lumps, like nuts (hard to pass)

TYPE 2



Sausage-shaped, but lumpy

TYPE 3



Sausage-shaped, but with cracks on surface

TYPE 4



Sausage- or snake-like, smooth and soft

TYPE 5



Soft blobs with clear-cut edges (easy to pass)

TYPE 6



Fluffy pieces with ragged edges, mushy

TYPE 7



Watery, no solid pieces (entirely liquid)

**Coprophilia:** Into poo  
**Coprophagia:** Eating poo  
**Coprophile:** Poo eater

Famous coprophiliacs include **Adolf Hitler** and **Devine!** And probably **your dog**.

**Pope Francis** also seems to know a lot about it.

Coprophiliacs may wish to simulate eating poo because eating real poo could give you hepatitis. This leaflet contains three recipes for edible fake poos, including a runny one, a firm one, and something in between.

You can also manipulate your diet to change the texture and color of your poop! Recommended foods include fiber, avocado (for smoothness), whey powder (makes poo taste sweet), brown rice, and bicarb soda in water for ph balance.

### **Recipe 1: Fecal Attraction Cocktails**

from the Bioart Kitchen (Lindsay Kelley)

3 parts cold brew coffee to 1 part Kahlua

Add an appropriate amount of Benefibre supplement and stir to dissolve

Ice if desired

Scoop chocolate ice cream on top

Garnish with corn kernels

*Serving suggestion:* Lubricate your hands or gloves with Copha or Crisco, transferring the lube to serving glasses and on to other fingers.

### **Recipe 2: Firm Fake Poop**

Step I: First, you'll want to mix the **peanut butter** and **chocolate syrup** together in a bowl with your spoon, enough so that the color is the brown blackness of regular poop. You could always add more chocolate syrup at a later time.

Step II: Once you have the amount, color, and consistency seemingly to your satisfaction, you'll want to put your (right now, very TASTY) mixture into the microwave. Depending on the amount that you've used you might want to add more.

Step III: Take that bowl out of the microwave (make sure it's not too hot!) and get ready to mix your poo back to the color you want, while still keeping the consistency. You could always repeat step II to get your desired amount right. Once it's to your liking, get ready to place it into your plastic bag. Now would also be a good time to add your **corn** or **nuts**.

Step IV: Ready to transfer this to your mold making device? Good. Grab your **sandwich bag** and scoop the poop into the bag. Take your scissors and make a small incision at a corner. Grab your plate with the wax paper and slowly pump out the chocolate mixture to form life like poop. BE CAREFUL! This is the really messy part.

Source: <http://howtorevenge.com/articles/how-to-make-edible-fake-poop/>

### Recipe 3: Fake Poop used for toilet testing

(edible if you skip the shredded TP, probably edible even if you don't)

#### 1. Instant Yeast

Plain old store-bought yeast packets you'd use to make bread.

#### 2. Psyllium Husk

Seed husks that provide mucilage, described by Wikipedia as "a thick, gluey substance produced by nearly all plants and some microorganisms." You can often buy this in the bulk aisle at grocery stores.

#### 3. Peanut Oil

Just what it says on the tin.

#### 4. Miso Paste

The fermented seasoning used in many Japanese recipes. Available in packet form from grocery stores.

#### 5. Polyethylene Glycol (PEG) 400

PEG is used in all sorts of applications (including skin creams and toothpastes), but if you've ever had a colonoscopy, you'll recognize it as that gloopy stuff you have to drink to, ahem, clear out your system. Well, technically, the colonoscopy prep material is PEG 3350, the number referring to the material's molecular weight as measured in daltons.

PEG 400 is actually available on Amazon, and it's an ingredient in many non-fake-poop products, including inkjet printer ink.

#### 6. Inorganic Calcium Phosphate

Often used as a leavening agent in baking, Calcium phosphate is also used in some cheese products. If you're looking to follow the recipe exactly, you'll want to buy this from a chemical supply company.

#### 7. Cellulose

The recipe calls for cotton linters, a byproduct of cotton harvesting and an ingredient in paper manufacturing. The recipe also includes plain old paper tissue, shredded.

#### 8. Water

What's a recipe without a little water? (Actually, a lot of water -- see the mass numbers below.)

#### What it Looks Like

The resulting product was "very sticky," according to a person close to the matter. It reportedly has a "vinegar-yeasty smell."

Source: <http://mentalfloss.com/article/56003/recipe-fake-poop>

Ingredients	% Wet Mass	Mass for 1 kg	% Dry Mass
Instant yeast	7.3	72.8	32.49
Water	77.6	776.1	--
Psyllium	2.4	24.3	10.84
Peanut oil	3.9	38.8	17.31
Miso paste	2.4	24.3	10.84
PEG	2.7	27.2	12.14
Inorganic Calcium phosphate	2.4	24.3	10.84
Cellulose (half cotton linters/half shredded tissue)	1.2	12.4	5.53
Total Mass	100	100.2	100

Cover image: Cute turd and news by Snezhana Tогоi